



# The Integrated Listening System

## FOR CHILDREN & ADULTS

The Integrated Listening System (ILS) is based on the fact that we can change our brain and re-wire it through specific and repeated stimulation — a concept known as neuroplasticity. Like building strength and endurance with physical exercise, we are able to build neurological pathways and synaptic activity at any age.

### WHAT IS THE INTEGRATED LISTENING SYSTEM?

The Integrated Listening System is a multisensory auditory intervention that uses specially treated music and movement to support brain integration and skill-building for a wide variety of clients with sensory-motor and neurodevelopmental challenges.

### WHO IS THE INTEGRATED LISTENING SYSTEM FOR?

Ideal for both children and adults, the Integrated Listening System is easily integrated into your current therapeutic programming to quickly add value for each client, and can be delivered in-person or remotely with easy-to-use online tracking and monitoring.

Neurons that fire together, wire together





## IMPROVE FUNCTION AND SKILL-BUILDING WITH THE INTEGRATED LISTENING SYSTEM



Easily integrated into your current therapeutic programming to accelerate and enhance client outcomes.



Programs can be delivered in-person or remotely using a convenient smartphone app and the MyUnyte platform.



Comprehensive listening programs and all the tools you need for successful delivery.



Training, resources and ongoing support is available to help you confidently deliver the Integrated Listening System.

## HOW THE INTEGRATED LISTENING SYSTEM WORKS

Integrated Listening System programs provide simultaneous multisensory input to help develop new — and reinforce existing — neural pathways governing the organization of the body and brain function.

Specially treated music is delivered via air and bone conduction headphones, providing auditory input to the brain and sensory input to the body. Movement activities using the Integration Kit that are customizable for all levels provide additional sensory and motor input for body organization.

Finally, cognitive activities that are later added challenge the brain to process multiple pieces of simultaneous information, which is reflective of the demands required of the brain in our day-to-day world.

**The Integrated Listening System includes six programs:**

- 10-hour Calming
- 60-hour Sensory & Motor
- 40-hour Concentration & Attention
- 40-hour Reading & Auditory Processing
- Two 24-hour Optimal Performance



## FEATURES OF THE INTEGRATED LISTENING SYSTEM



### Unyte App & MyUnyte Client Management Platform

Easily set up each individual client's program, manage, track and report on listening sessions, administer intake forms and assessments, and access a library of resources and training — all via MyUnyte. Clients are able to access and download assigned programs and easily manage their listening directly from the app on their phone.



### Bone & Air Conduction Headphones, Amp and Integration Kit

Special bone and air conduction headphones with amplifier provide auditory input to the brain and sensory input to the body. The Integration Kit includes a balance board, bean bags, balls and more, complemented by instructional videos and printable client guides in the online ILS Activity Library to bring it all together.



### Resources & Support

Your subscription includes Unyte Resources, Assessments, and ongoing phone and online support so you can confidently use the ILS with your clients. The Unyte Resources library contains a wealth of information, including the ILS Activity Library, and is accessible to all providers. Assessments includes common assessment tools. You'll also have access to our Client Success team by phone or email, and provider-only events to further support your practice.



### Training & Certification

Training is online, on-demand and takes 3 to 5 hours to complete. Understand the science behind the Integrated Listening System, clinical applications and use cases, plus learn tips for practical integration of the Integrated Listening System into your current programming.



**Interested in learning more about the Integrated Listening System?**  
[Book a call with a Programs Consultant!](#)

