

Help Clients Thrive Through Sound: Comprehensive Listening Therapies

Unyte Health equips healing and healthcare professionals with a suite of comprehensive, sound-based interventions that make therapy more effective and sustainable.

These evidence-based listening programs promote nervous system regulation and resilience, empowering clients to achieve greater awareness, regulation, and resilience, enabling them to better navigate life's challenges and lead happier, healthier lives.

Explore the benefits included with your subscription to the Safe and Sound Protocol, Rest and Restore Protocol, and/or Integrated Listening System, outlined below.

Unyte App

Facilitate client listening through the easy-to-use Unyte Health mobile app. Both provider and client can use it for in-clinic or remote therapeutic delivery.

MyUnyte Online Platform

An online, all-in-one platform to manage and track client delivery and access the wide range of clinical and practical tools and resources outlined below.

Unyte Academy

Access your training and certification or deepen your skills with courses from Dr. Stephen Porges, Deb Dana, and other leading experts — designed to elevate your therapeutic impact.

Unyte Assessments

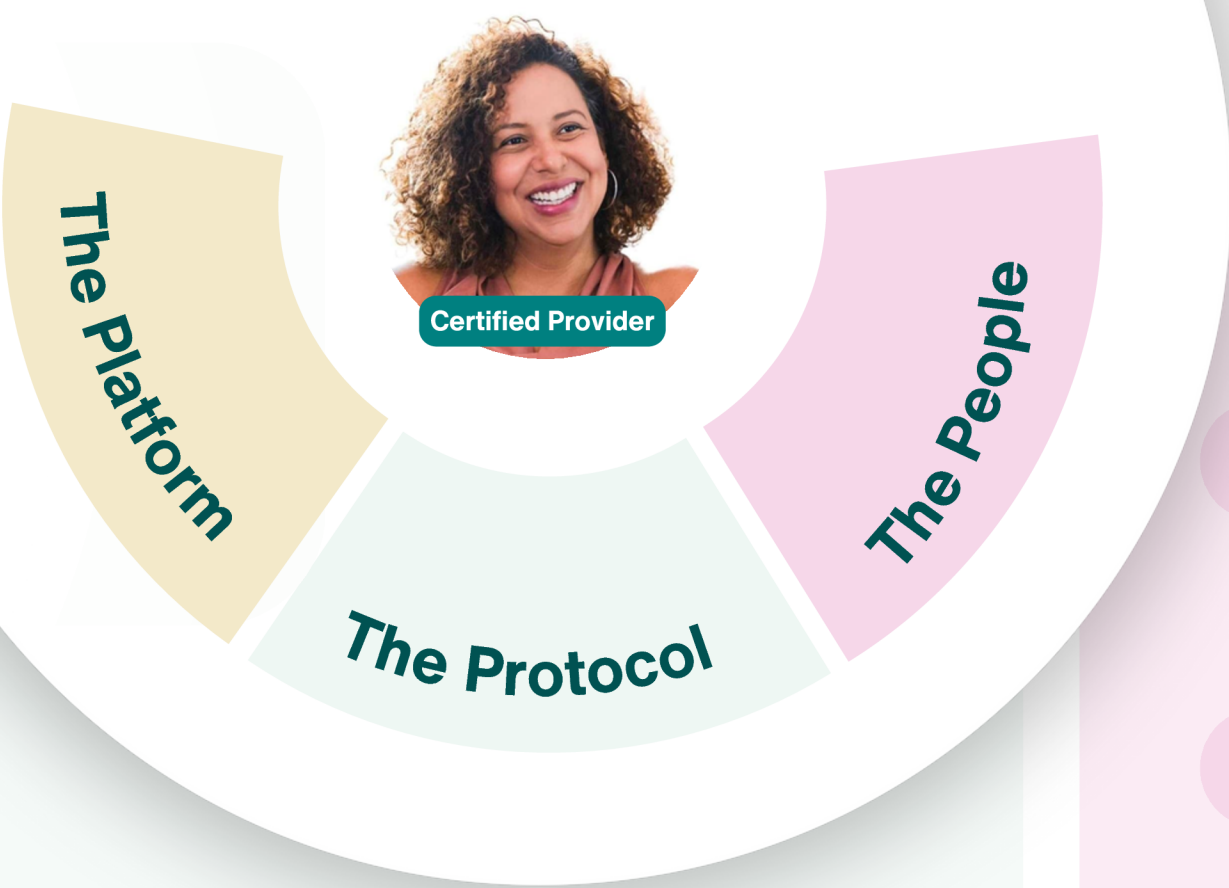
Visualize the impact of your work by monitoring and analyzing client progress with industry gold-standard digital assessments such as the BPQ, GAD-7, PCL-5, and more.

Unyte Resources

Enjoy a vast library of implementation and clinical tools, including delivery resources, scientific research, client-facing educational materials, and marketing support.

Referral Program

Give a month, get a month! Earn credits that can be applied to your subscription when you refer other providers — who also get a free month on us.



Backed by Research and Data

With real-world evidence from thousands of clinicians and clients worldwide, Unyte Health's listening therapies have been shown to reduce symptoms of anxiety, depression, trauma and psychosocial challenges by helping individuals achieve a state of safety, connection, balance and homeostasis.

Grounded in Science

Unyte Health's listening therapies are based on science and decades of research, including the expertise of Dr. Stephen Porges, author of the Polyvagal Theory and Unyte Health's Chief Scientific Advisor.



Trusted by 10,000+ Providers

Unyte Health's listening therapies are trusted by healthcare and therapeutic professionals from diverse disciplines and practice settings worldwide, becoming an essential part of their healing toolkit.



Unlimited Live Support

Get dedicated support from our Client Success Team, offering personalized guidance on everything from delivery to marketing, pricing, and insurance.

Complex Case Consultation

For unique cases, get guidance from the Unyte Clinical Team and the Clinical Advisory Board of expert and experienced providers.

Unyte Community

Join an exclusive network only open to the Unyte provider community. Meet new peers, get clinical and practical insights, and connect with like-minded providers.

Esteemed Industry Partners

Receive affiliate updates, exclusive event invites, association support, discounts, and promotions from organizations like the Polyvagal Institute, PESI and Psychotherapy Networker, The Master Series, Action Trauma Network, STAR Institute, and beyond.

Client Connections

Ready to expand your caseload? Unyte Health can help you get connected directly to new clients seeking a certified provider through our Client Connections program.