

The background features a series of overlapping, wavy teal lines that create a sense of movement and depth. The lines are most dense on the right side of the image, where they curve upwards and outwards, and become more sparse and lighter towards the left. The overall effect is a modern, abstract design.

Unyte Mentorship Standards of Practice

Purpose of Mentorship

Standards of Practice

- Define the role of Unyte mentorship
- Establish clear expectations and standards
- Outline a path to mentorship
- And establish quality, safety and monitoring practices



Definitions

- **Mentorship** is a process and a relationship between an existing or prospective Unyte provider as the Mentee and an endorsed Unyte Mentor (“Mentor”) with the ultimate goal of increasing the Mentee’s confidence in delivering Unyte programs. Mentorship may include Experiential and/or Advanced Coaching.
- A **Unyte Mentor** is a Unyte provider who meets the Unyte Mentor qualifications and has been officially endorsed by Unyte to offer Mentorship services as it relates to Unyte’s programs.
- A **Mentee** is an existing or prospective Unyte provider who participates in Mentorship from an Unyte Mentor with the ultimate goal of increasing their confidence in delivery of Unyte programs.
- **Individual Mentorship** consists of a Mentor meeting with the Mentee in a one-on-one capacity.
- **Group Mentorship** consists of more than two participants.
- An **Experiential** involves the Mentor delivering the SSP or ILS to the Mentee in part or in full. The purpose of an Experiential is co-determined by the Mentee and Mentor and the spectrum of purpose ranges from a personal to professional experience.
 - **Personal Experience:** To have a personal, therapeutic experience, engaging the Mentee’s own story and personal growth without explicitly relating it to their practice, clients, other tools or theoretical knowledge.
 - **Professional Experience:** To listen through the lens of their practice, understanding the protocol in the way it relates to their practice, clients, other tools and theoretical knowledge.
- **Advanced Coaching** focuses on teaching/learning which could include asking/answering questions, conferring on and deepening understanding of theoretical concepts and practical implications, integrating the SSP into practice (pricing, marketing, etc.) and case coaching.

Benefits

Why become a Unyte-endorsed Mentor?

Unyte Mentors are endorsed by Unyte to provide experiential and coaching services, and have the opportunity to inform best practices with Unyte programs.

Benefits of Unyte Endorsement:

- Certificate from Unyte, includes digital badge;
- Promotion on the Provider Mentorship Program webpage;
- Referrals from the Unyte teams (e.g. Client Success; Programs Consultants);
- Potential opportunities to:
 - Contribute to Unyte training and resources
 - Speak at Unyte events (e.g. Provider Spotlights)
 - Support organizations in implementing Unyte programs;
 - Guide learning, lead events, and solicit mentorship services in the Unyte Community platform;
 - Be featured in Success Roundtables;
 - Participate in focus groups;
 - And more.



Standards of Practice

Unyte Mentors are highly qualified and experienced providers endorsed by Unyte to deliver mentorship services. To maintain endorsement, Unyte expects Mentors to reflect the highest standards of practice, integrity, and professionalism in their conduct.

A Unyte Mentor is:

- An expert in the Guiding Principles and core skills of delivery (e.g. SSP titration, co-regulation and psychoeducation)
- Proficient and well rounded in their understanding of Foundational training content
- Committed to staying updated on Unyte Resources, product features, and program updates
- Proficient in understanding and articulating the qualities and applications of the programs (e.g. the ILS programs; the SSP Pathways)
- Polyvagal- and trauma-informed with knowledge and application
- Devoted to maintaining high ethical and care standards
 - Embraces continual evolution and professional development
 - Exhibits openness to learning from others
 - Embodies safety and co-regulation

Mentors are expected to:

- Practice within their scope, limiting mentorship to areas of expertise
- Demonstrate consistent mutual respect and openness towards other Mentors, mentorship styles, and delivery approaches
- Uphold a flexible and adaptive attitude toward the evolution of best practices in delivery
- Receive and integrate constructive feedback and direction
- Provide up-to-date information and knowledge relevant to their practice area as it relates to their understanding and use of Unyte products
- Accurately and appropriately portray Unyte and its brand, products and services
- Obtain Unyte approval prior to the agreement, creation and distribution of educational material about Unyte programs in conjunction with another organization (e.g. creating a course with The Embody Lab about the SSP)

Qualifications and Eligibility

To qualify for endorsement, applicants must:

- Hold an accredited academic degree and a valid and active license or qualifying credential (Appendix A.);
- Maintain a current active subscription in Unyte programs, with a minimum of 2 consecutive years of active use;
- Delivered to a minimum of thirty (30) SSP clients and/or fifteen (15) ILS clients through program completion;
- Have at least five (5) years of relevant professional experience; and
- Experienced Unyte programs as a client or peer

To maintain endorsement, mentors must also commit to:

- Timely completion of new or updated Foundational training units (within 3 months of release);
- Continued adherence to ethical and practice standards;
- Complete the Mentorship Training and Certification (when available)

Applicants must demonstrate adherence to the highest ethical and practice standards of their profession, as evidenced by absence of violations or enforcement actions by their profession's regulatory body, and/or substantiated complaints or reports documented by the Unyte quality and safety team.

Application Process

To apply to become a Unyte Mentor, please complete the following steps:

- Review qualifications and eligibility.
- Submit an application and supporting materials.
 - Application Form
 - Qualified Case Study submission
 - Resume/CV
 - Two letters of recommendation from colleagues or clients

Application Decisions and Timeline

- Applications will be reviewed by the Unyte Education Panel.
- Approvals will be determined by the following criteria:
 - Date of submission (chronologically reviewed)
 - Quality and depth of application and materials
 - Diversity and composition of the current Unyte Mentors
 - Consideration of the needs of the Unyte provider community
- Applicants are responsible for submitting all required materials according to the guidelines outlined in the application process.
- Incomplete applications may result in delayed or exclusion from review

Not all applicants who meet the described criteria will be approved.

- Beyond the established criteria, application decisions are subjective; Unyte dynamically limits the number of approved applicants according to current demands and community needs.
- All applicants will receive communication regarding their application status within 10 business days.

Upon approval of endorsement, Unyte Mentors will receive their Mentorship Certificate and digital badge.

Once these are received, they may begin offering mentorship services.

Maintenance and Renewal

Endorsement as a Unyte Mentor has a two-year term that begins on the date of approval. Unyte Mentors must complete the following steps to re-certify:

- Complete new or updated Foundational training units (within 3 months of release)

These policies and conditions are subject to change. Unyte Mentors are expected to respond to communications from Unyte regarding new requirements or program changes to maintain certification status.

Unyte reserves the right to revoke certification status at any time.



Appendix A.

Unyte-approved credentials

Acupuncturist (L.Ac, NCCAOM Board Certified), Licensed

Addiction and Rehabilitation Counselor (LCDC, CRC) Licensed

Art Therapist, Registered, Board Certified (ATR-BC)

Audiologist (AuD), Licensed

Chiropractor (DC), Licensed

Certified Craniosacral Therapist (C-CST)

Dentists (DDS)

Developmental and Neuro-Optometric Rehabilitation Optometrist (FCOVD, FAAO), Licensed

Dance / Movement / Art Therapist, Registered or Board Certified

Educator, School Counselor (M. Ed), Licensed

Certified Eye Movement Desensitization & Reprocessing Therapist (C-EMDR)

Feldenkrais Practitioner®

Massage Therapist (LMT), Licensed

Mental Health Counselor/Therapist Associate (ALMFT, LPCA, LMHCA), Licensed

Mental Health Counselor/Therapist (LMFT, LPC, LMHC), Licensed

Music Therapist, Board Certified (MT-BC, RMT)

Naturopathic Doctor (ND), Licensed

Neuro-Optometric Rehabilitation Developmental Optometrist (FNORA), Licensed

Nurse (NP, RPN, RN, LPN), Licensed

Occupational Therapist (OT/L), Licensed

Certified Occupational Therapy Assistant (COTA/L), Licensed

Physical Therapist (PT), Licensed

Physical Therapy Assistant (PTA), Licensed

Physician (MD, DO), Licensed

Physician Assistant (PA), Licensed

Psychiatrist (MD, DO), Licensed

Psychologist (PsyD, PhD, EdD), Licensed

Psychotherapist, Licensed

Recreation Therapist (RT), Licensed

Registered Dietitian (RD)

Rolfer® or Structural Integrator

Social Worker (LCSW, LMSW), Registered or Licensed

Somatic Experiencing Practitioner (SEP)

Speech Language Pathologist (SLP), Licensed

Speech Language Pathology Assistant (SLPA), Licensed

Certified Vision Therapist (COVT), Licensed

Certified Yoga Therapist (C-IAYT)

Veterinarian (DVM)